

# Nippers Handbook - 2025/26 Season

Welcome to all our Nippers, both new members and those continuing from last season, to the Shelly Beach Nipper program for children aged 5 to 14.

Nippers is about surf lifesaving, with a focus on having fun, teaching surf education and skills and emphasizing community awareness. The aim is to provide a safe, friendly and welcoming environment where both Nippers and parents can interact and enjoy a morning at Shelly Beach, and where hopefully in years to come, we build a future generation of Lifesavers for Shelly Beach.

At Nippers, we do not teach children how to swim, however we will teach them surf skills. In fact, one of the best features of Nippers is seeing young children gain confidence in the water. Children who are afraid of the water can develop through encouragement, education and training to be confident in the surf.

All Nippers (U6+) are strongly encouraged to undertake regular swimming training through a local Club or pool. Our Nipper program provides board training (U9+) and sand training (U8+) and competition for those Nippers who wish to join.

We encourage all parents to participate with us whether it is on the beach helping to run activities, in the water assisting with Water Safety, officiating at Carnivals or helping with the Shelly Beach BBQ. Like all volunteer organisations we are only as good as the help we get: the more help, the better it is for everyone.

We look forward to another positive and rewarding season for all.





# Membership

### Who can join Nippers?

Any child may join Shelly Beach Nippers once they have turned five years old and fall within a designated SLSA Nippers age group. Nipper age groups are determined as at 30 September each year.

AGE GROUP	CAP COLOUR	DATE OF BIRTH
Under 6		01 Oct 2019 – 30 Sept 2020
Under 7		01 Oct 2018 – 30 Sept 2019
Under 8		01 Oct 2017 – 30 Sept 2018
Under 9		01 Oct 2016 – 30 Sept 2017
Under 10		01 Oct 2015 – 30 Sept 2016
Under 11		01 Oct 2014 – 30 Sept 2015
Under 12		01 Oct 2013 – 30 Sept 2014
Under 13		01 Oct 2012 – 30 Sept 2013
Under 14		01 Oct 2011 – 30 Sept 2012

**Nippers age groups are strict:** the SLSA system does not permit movement up or down an age group.

### Registration

All registrations and renewals can be made online via a centralised SLSA system or we encourage you to head down to Shelly Beach Surf Club on registration dates to register.

New members can join online via this link <a href="https://hub.sls.com.au/sign-up">https://hub.sls.com.au/sign-up</a> and following the instructions located here <a href="https://shellybeachsurfclub.com.au/get-involved/">https://shellybeachsurfclub.com.au/get-involved/</a>.

If you are renewing your membership or transferring your membership from another surf club, you'll need to do so via your 'SLS Members Area Account' (established when you first joined Shelly Beach or any SLSA Club) here - <a href="https://hub.sls.com.au/">https://hub.sls.com.au/</a>



#### Fees for 2025/26 season:

When you join or renew your membership, you will be prompted to pay the season's fees.

No membership will be accepted without payment.

Shelly Beach SLSC is part of the "Active Kids" program where you can take advantage of the \$50.00 rebate offered by the NSW Government.

Unfortunately, Active Kids vouchers are not able to be redeemed when renewing online this year and need to be processed manually. These can be forwarded directly to our Registrar and the amount deducted from the Registration fee.

We require one parent / guardian to be a member of the Club, together with their Nipper/s. You're welcome to purchase additional parent memberships if you wish. Any parent who volunteers as an Age Manager, Age Assistant, Water Safety or Official needs to be a member.

NIPPERS MEMBERSHIP		
Family of one	\$110	
Family of two	\$215	
Family of three	\$310	
Family of four	\$370	
Family of five or more	\$400	
Returning Active Patrolling Member	\$55	

Note:
Any members who have not turned 15 prior to 1/10/25 are required to have a parent/guardian join as well.





# **Sundays at Nippers**

### **Communication - Heja App**

With the success of the HEJA app last season Age Managers will be again communicating through this app. Follow the steps below:

- Download the Heja App
- Sign up
- Go to home and select "Join Team", it will then ask you to enter the team code:
  - o U6s code YU-741981
  - U7s code JO-484594
  - o U8s code KT-305146
  - o U9s code AC-322332
  - o U10s code JN-207113
  - o U11s code RO-827308
  - o U12s code GE-751685
  - o U13s code WC-021277
  - o U14s code FF-673824

#### Communication – Facebook

We use Facebook for some Nippers communications. Please request access to 'Shelly Beach Nippers'. Every nipper parent should join in order to keep abreast of Nippers News and any last-minute alerts (for e.g. cancellations).

## Start Time: 9:00 am (8.50am Sign On)

Liveheats Bands will be used for Nippers sign on this year for attendance purposes. Age Managers will use mobile phones to scan the bands for maintaining attendance records. Liveheats Bands will be available for sale at a cost of \$5.00. These bands can also be used for Branch State & National carnival events. Nippers who already have a Liveheats Band do not have to purchase a new band, this band can still be used for attendance and carnivals.

Please arrive early so that Nippers can be marked off by their Age Managers and the session can start on time.

It is a safety requirement that all Nippers remain with their age group for the full duration of Sunday Nippers. At the end of the session, every Nipper needs to be signed out before leaving with a parent or guardian. This will be done up on the grass area where the sign in happens. If a child needs to leave early, the parent/guardian must arrange to sign them out with their respective Age Manager.

## What to bring:

There are 3 compulsory items that every Nipper must wear/bring:

their Shelly Beach Age Cap\*;



- 2. their High-Vis rash vest \*compulsory for all nippers; and
- 3. their LiveHeats Band for sign-on

These are safety requirements so that all Nippers are easily observable on the beach and in the water.

### \*No Cap and High-Vis Rash Vest = No Water. No Exceptions

Please also bring goggles, a towel, a water bottle and sunscreen. Wetsuits are strongly recommended at the start of the season.

### Typical activities:

Nippers start learning about surf awareness and safety through the Surf Life Saving Surf Education Program (Surf Ed). They are also able to participate in board paddling, surfing, swimming, running, flags, wading and other fun activities and games.

**U6 and U7 Nippers** will learn about Surf Play. The usual events will be a run, flag races and a wade. The focus is on play, participation and fun with beach activities and games. They will also learn basic safety practices, what makes up a beach environment, the importance of having an adult with them at the beach, what a lifesaver is and what they do, wading, beach sprinting and flags.

**Under 8 Nippers:** the usual events will be a run, flag races and a wade. Children start to understand the water, safety considerations and get accustomed to small waves. The emphasis for all these Nippers is to have good fun, meet new friends, and become confident to move into the water at their own pace.

**Under 9 to 13 Nippers:** Sunday morning will consist of surf education, flag races, beach sprints, swims and board paddles, subject to beach conditions. If water conditions are unfavorable, Nippers will conduct surf education and alternative activities on the sand or grass. Sunday Nippers is about learning, fun, and friendly competition. U9 is the first-year nippers will enter the ocean for swimming and board paddling and there is a strong emphasis on a gradual approach to help build confidence alongside a large number of water safety personnel.

**Under 14 Nippers:** will train for their SRC (Surf Rescue Certificate) and undertake a 2 part theory and practical exam prior to Christmas. They will then participate on Sunday mornings and join patrols which operate as part of Sunday morning patrols. This is their step towards becoming qualified life savers. Our SRC group graduate from Nippers and receive a big send off from the whole club.



### Parents: How can I help?

Nippers is volunteer run! There are so many ways to be involved as a parent at Nippers! You do not need to have had surf lifesaving experience. You only need to ask...

One thing we can tell you for certain: the more you get involved, the more your child and you will enjoy Nippers. It is one of the few kids' sports where the whole family can have a great morning together at the beach.

At Shelly Beach, we strongly encourage **all families** to have one parent with either their Age Manager award, Surf Rescue Certificate or Bronze Medallion.

#### Volunteer checklist

If you wish to actively help with Nippers activities on the beach, you'll need to:

- be a current member of Shelly Beach SLSC; and
- become an 'Age Manager' (course available); or
- hold a current Bronze Medallion; and
- provide us with your Working With Children Check (WWCC).

We really welcome all offers of help, and most importantly it is a great way of meeting new people.

Some other ways you can help:

- Help set up the beach or pack away
- Help on the BBQ (walk up and offer anytime, there will be an age-group roster)
- Learn to be an official
- Help at Club Champs and Carnivals
- Help organise Nippers social events
- Become an Age Manager
- Fund raising
- Any other help and ideas welcome





# **Training and Carnivals**

The Club is proud to offer our Nippers the opportunity to train and advance their skills and techniques both in the water (U9+) and on the sand (U8+). We offer different sessions to cater to all skills levels.

Board training sessions require water safety and all parents/carers who have a current Bronze Medallion are expected to bring their orange rashies and be prepared to get wet.

If there is insufficient water safety, the session may be cancelled or the number of kids in the water at any one time will be limited.

The training timetable will be posted on the <u>Shelly Beach Nippers Facebook Group</u> and we will also utilize the Heja App for these communications.

### **Sand Training**

Sand training is run at Shelly Beach and is aimed at Nippers who wish to improve their skills and race technique in beach sprints, beach relays and flags, as well as to improve their fitness.

Please utilize the Heja App for these communications.

### **Water Training**

Shelly Beach Water Training will be carried out throughout the season.

Please utilize the Heja App for these communications.





#### **Carnivals**

Nipper Carnivals are run by many NSW Surf Clubs throughout the season. They provide a great opportunity to compete, gain experience, and have a fun morning meeting Nippers and families from other Clubs.

Carnival Entry is required in advance and there is a small entry fee to be paid. The Club will communicate how to enter carnivals throughout the season.

All Shelly Beach Nippers are encouraged and permitted to attend club-run carnivals. Branch and NSW State Championships are championship carnivals for top competitors who participate in regular training. The Club encourages all U8s to U14s Nippers to attend. Below are the ways Shelly Beach Nippers will be ready to attend carnivals:

- 1. Training sessions with qualified coaches Head Coach Keaton Watts, Jacqui Eaton, Georgia Ray, Kayne Finnelley (Water), David Smith and Tahlia Goy (Sand).
- 2. The Sunday Nipper program will give every Nipper confidence to enter the water and sand events.

#### Parent involvement required at Carnivals

Carnivals are volunteer-run and the Club is obliged to send a quota of Water Safety and Officials corresponding to entry numbers. Nippers are not permitted to compete unless the Club has fulfilled its volunteer quotas.

Shelly Beach will encourage all parents to lend a hand, there are many training sessions available where you as a parent can get accreditation to be able to help in an official role, when helping at these carnivals it makes the whole process run very smooth with a lot of help.

#### "More hands make less work"

If your child intends to compete at Branch or at State, please start preparing early: enroll them in the required training and achieve your own relevant qualifications (Official or Water Safety). Neither can be done at the last minute.

If, for a particular Carnival, the Club's quotas are not fulfilled and the Club is not able to enter all interested Nippers, the Nippers of Officials and Water Safety will be prioritized.





#### **SLSA Surf Education Awards**

Shelly Beach SLSC takes surf education seriously, and it is one of the key reasons for being in Nippers. Surf education is based on a clearly defined structure and outcomes, as set by SLSA, to aid the children's lifesaving development. During the season all Nippers are able to gain their respective Surf Education award for their age group through regular attendance at Nippers. Age managers will be teaching children to gain these awards.

#### Listed below is a summary of the awards for each age group:

Under 6	Surf Play 1
Under 7	Surf Play 2
Under 8	Surf Aware One
Under 9	Surf Aware Two
Under 10	Surf Safe One
Under 11	Surf Safe Two
Under 12	Surf Smart One
Under 13	Surf Smart Two

Under 14 Surf Rescue Certificate (SRC)





# Safety: always our first priority

Safety is our first priority in all activities conducted by the Shelly Beach SLSC. Safety extends to safety on the beach, in the water and the protection of all children.

### Safety in the Water

The Head of Water Safety will liaise with the Shelly Beach Lifesavers and the Patrol Captain each Sunday. The lifesavers will decide if the surf conditions are suitable to conduct activities. The Head of Water Safety or the Patrol Captain may cease activities if conditions become unsafe.

The guidelines for Water Safety are laid down by SLSA and must be adhered to by all. The IRB (Inflatable Rescue Boat) or "Rubber Duckie" must be present during all water events and it is imperative that we have the required number of qualified Water Safety people in the water. No water activity can commence if we don't have the required number of Water Safety. Remember if you are Water Safety, you must wear the orange rash vest. and orange cap and sign in as Water Safety via your Nipper's attendance roll.

## No Water Safety parents = no water activities

### Safety out of the water

If you are assisting with Nippers and are over the age of 18 you must be a current member of the Club. This is an SLSA requirement so that the Club is covered for insurance purposes. It is a requirement that at least one parent becomes a member of the Shelly Beach Surf Club (financial member).

All Age Managers, Age Assistants and Water Safety must hold a current Working With Children Check and send the number to office@shellybeachsurfclub.com.au.

This is free as a volunteer and can be obtained here: https://www.service.nsw.gov.au/transaction/apply-working-children-check

The club takes child protection seriously; any form of child abuse will not be tolerated and any serious cases will be reported to authorities.



## Nipper parents' code of conduct

- Do not force an unwilling child to participate.
- Children are involved for their enjoyment, not yours.
- Encourage children to play by the rules.
- Encourage the effort as being as important as the result.
- Work towards improving skills and sportsmanship.
- Do not yell or abuse a child for making a mistake.
- Recognise and encourage good play or efforts.
- Respect the efforts of all volunteers: Age Managers, Age Assistants, Trainers, Water Safety, Coaches and Officials. They are not there to be abused or harassed. They are doing their best for your children.
- When at carnivals treat the Officials, and carnival organisers with respect. If unhappy with a decision, launch a formal protest.

### Nippers' code of conduct

- Participate to enjoy the sport.
- Follow the rules.
- Control your temper and be a good sport.
- Treat other participants as you like to be treated.
- Encourage all in your team.
- Listen to your Age Managers, Age Assistants, Trainers, Water Safety, Coaches and Officials.
- Respect the decision of officials at carnivals.



# Club Championships and Awards

Successful completion of the Preliminary and Ocean / Competition Proficiency Swim is required to compete in any Club Championship days and the Perpetual Ironperson event. Events are run under SLSA's Surf Sports Manual (and any subsequent Bulletins and Circulars including this Handbook).

Attendance is a criteria in order to be eligible for certain awards. Nippers who attend a junior carnival in club colours (competing or some other club duty) will still qualify for that day's attendance. An attendance exemption may be granted in exceptional circumstances, please contact the JAC President prior to the relevant event to apply for consideration.

## Club Championships

Club Championship days will be held during the season. All Nippers are encouraged to compete in these friendly races. These events go towards the Club Age Champion Awards but also help to prepare our Nippers for a competitive environment and give great life skills experience. Points will be allocated as per the table below and consist of the following events:

U8s	Flags, Sprint & Wade
U9 – U14	Flags, Sprint, Swim & Board

PLACE	POINTS PER EVENT
First place	6
Second place	5
Third place	4
Fourth place	3
Fifth place	2
All others who finish the event	1

The Club Championship days are run for ages U8 – U14 however a normal Nippers session will be run for the U6 & U7 age groups. These will be advertised once scheduled.

Points will be accumulated with the highest number of points scored becoming the overall winner.

A minimum of 50% attendance from the date of joining Shelly Beach Surf Club is required for eligibility to compete.

If due to conditions a Club Championship Day is cancelled and unable to be

rescheduled, the result will be determined from any Club Championship Day held. All competitors must complete each event unaided in order to be eligible for points allocation. Where a Club Championship Day is only partially completed, only those who attended that day may participate in the remaining events of the Championships when rescheduled.

All completed events will be included in calculating Club Champs. If any particular sand or water event is not completed in either round, then points from the same event in the earlier/later round that was completed will be mirrored.

Great consideration and debate goes into choosing our dates for Club Championships and we try to take into account other sports that may conflict but the dates we have chosen are final and will not be moved due to other sporting commitments of a few Nippers.

### **Ironperson & Perpetual Awards**

A minimum of 70% attendance from the date of joining Shelly Beach Surf Club is required to be eligible for the Ironperson and other Perpetual Awards.

The Ironperson is a separate title to Club Age Champions and will only be run **once** with winners determined by their results on the day this is run, typically at the conclusion of a Club Championship Day but this will be communicated with advance notice.

Ironperson Perpetual Awards are awarded for the following categories:

- Sub-Junior Ironperson U9s and U10s combined, male and female
- Junior Ironperson U11s and U12s combined, male and female
- Senior Ironperson U13s, male and female
- Club Ironperson U14s, male and female

## **Perpetual Awards**

The Club has a number of Perpetual Awards for Nippers each year, such as most improved, most consistent performance etc. A selection Committee consisting of - JAC, Vice JAC, President, Water Captain, Team Manager, Head Water Coach, Head Sand Coach and Rookie Co Ordinator will select the Perpetual Awards winners. Age Managers will be consulted for nominations.

#### 100% Attendance Award

The 100% Attendance Award will be provided for all who achieve 100% attendance. The Nipper must join into the activities that are programmed for that day. Carnival days will be counted towards 100% attendance but they must compete in at least 1 event.

## **Age Group Awards**

A minimum of 50% attendance from the date of joining Shelly Beach Surf Club is required to be eligible for Age Group Awards.

Any Nippers unable to attain the 50% attendance requirement may submit an exemption in writing to the JAC for consideration for valid reasons.



# **Proficiency Swims**

All Nippers from age groups U6-U14 must pass a proficiency swim and skills evaluation each season in order to participate at Nippers. This is a SLSA requirement and needs to be signed off by a designated club representative or your child's swim coach.

Shelly Beach Nippers Committee members will be running preliminary evaluations over selected weekends prior to the beginning of the season, please see the calendar on the Shelly Beach SLSC website. Alternatively, if your child attends swim lessons or squad a form can be completed by your child coach and returned to <a href="mailto:jac@shellybeachsurfclub.com.au.">jac@shellybeachsurfclub.com.au.</a>

If you are concerned that your child may not pass the proficiencies, we suggest a practice run at swimming lessons or at the pool. We understand that kids get nervous and may not always do their best – they are welcome to have another go at it if they don't make it on the first attempt.

The ocean / competition proficiency swim (150-200m for U9-U14s who wish to compete) will take place on the first day of Nippers or when conditions allow. Ocean swims are untimed and involve a group swim from the beach and around set buoys with plenty of water safety on hand. Wetsuits are strongly recommended.

## Stage 1: U6, U7 and U8

#### Stage One: Under 6, Under 7, Under 8

Aquatic Play and Fundamental Aquatic Skills (FAS). Recommended depth of safe aquatic environment – 1 metre

	Under 6 (DOB 1/10/2019-30/09/2020)	Under 7 (DOB 1/10/2018-30/09/2019)	Under 8 (DOB 1/10/2017–30/09/2018)
Flotation	Back or front float for a minimum of 5 seconds, recover to stand.	Back or front float for a minimum of 10 seconds, recover to stand.	Back or front float for a minimum of 15 seconds, recover to stand.
Submersion	Submerge to touch the bottom with hands.	Submerge to touch the bottom with hands	Submerge to touch the bottom with hands
Propulsion	From standing position in waist deep water, perform a front glide (1-2 metres) & recover to stand.	From standing position in waist deep water, perform a front glide (2-3 metres) & recover to stand.	Swim on front any stroke (distance 20 metres) followed by swim underwater (distance 2-3 metres).

# Stage 2: U9, U10, U11

Stage Two: Under 9, Under 10, Under 11

Applied Aquatic Skills.

Recommended depth of safe aquatic environment – 1.5 metres

	Under 9 (DOB	Under 10 (DOB	Under 11 (DOB
	1/10/2016-30/09/2017)	1/10/2015–30/09/2016)	1/10/2014–30/09/2015)
Flotation	Front to back float or	Front to back float or	Front to back float or
	back to front float – 5	back to front float – 5	back to front float, 5
	seconds each side.	seconds each side.	seconds each side. Tread
	Tread water and/or	Tread water and/or	water and/or any stroke
	any stroke sculling for a	any stroke sculling for a	sculling for minimum of 2
	minimum of 1 minute.	minimum of 1 minute.	mins.
Submersion	Submerge to touch the bottom with hands.	Submerge to touch the bottom with hands	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.
Propulsion	Swim on front through	Swim on front through	Swim on front through
	water any stroke for 25	water any stroke for 25	water any stroke for 25
	metres followed by	metres followed by	metres followed by
	survival stroke(s)	survival stroke(s)	survival stroke(s)
	breaststroke and/or	breaststroke and/or	breaststroke and/or
	sidestroke and/or back	sidestroke and/or back	sidestroke and/or back
	sculling for minimum 10	sculling for minimum 25	sculling for minimum 50
	metres.	metres.	metres.

# Stage 3: U12, U13, U14

**Stage Three: Under 12, Under 13, Under 14**Junior/trainee lifesaver – pathway to SRC
Recommended depth of safe aquatic environment 1.8 metres

	Under 12 (DOB	Under 13 (DOB	Under 14 (SRC) (DOB
	1/10/2013-30/09/2014)	1/10/2012 - 30/09/2013)	1/10/2011 – 30/09/2012)
Flotation	Front to back float or	Front to back float or	Front to back float or
	back to front float – 5	back to front float – 5	back to front float – 5
	seconds each side.	seconds each side.	seconds each side.
	Tread water and/or any	Tread water and/or any	Tread water and/or any
	stroke sculling for	stroke sculling for	stroke sculling for
	minimum 3 minutes.	minimum 3 minutes.	minimum 3 minutes.
Submersion	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.	Submerge to perform forward or backward roll/somersault underwater, do not recover to surface, submerge to touch the bottom with hands.
Propulsion	Swim on front any stroke	Swim on front any stroke	wim on front any stroke
	for 75 metres followed	for 100 metres followed	for 100 metres followed
	by survival stroke(s)	by survival stroke(s)	by survival stroke(s)
	breaststroke and/or	breaststroke and/or	breaststroke and/or
	sidestroke for minimum	sidestroke for minimum	sidestroke for minimum
	50 metres.	50 metres.	100 metres.

## Ocean / Competition Swim

AGE GROUP	COMPETITION EVALUATION
U6	Nil
U7	Nil
U8	Nil (no water competition, except for wade which takes place in waist-deep water)
U9	Minimum 150m open water swim (any recognised stroke)
U10	Minimum 150m open water swim (any recognised stroke)
U11	Minimum 200m open water swim (any recognised stroke)
U12	Minimum 200m open water swim (any recognised stroke)
U13	Minimum 200m open water swim (any recognised stroke)
U14	Minimum 200m open water swim (any recognised stroke)

# **Additional Nippers Information**

The Shelly Beach Surf Club website contains a wealth of general information regarding nippers. Please visit <a href="https://shellybeachsurfclub.com.au/members/nippers/">https://shellybeachsurfclub.com.au/members/nippers/</a>

Shelly Beach Club Calendar - <a href="https://shellybeachsurfclub.com.au/events/">https://shellybeachsurfclub.com.au/events/</a>

**Surf Life Saving Central Coast Branch Calendar** - https://slscc.com.au/events/month/

Any questions or suggestions please contact:

Scott Eaton

JAC (Junior Activities Chairperson)

Shelly Beach Surf Club

M: 0421 814 067

Email: jac@shellybeachsurfclub.com.au

# **Junior Activities Committee**

The Committee members that support the Nippers program are set out in the below table:

Junior Activities Committee				
Junior Activities Chairperson	Scott Eaton	25/2026  Jac@shellybeachsurfclub.com.au	0421 814 067	
Vice JAC Chairperson	Carly Hudson	carlyneate@gmail.com	0432 236 798	
JAC Registrar	Taegen Le Brocq	jnr-registrar_sbslsc@outlook.com	0434 535 001	
JAC Secretary	Carly Hudson	carlyneate@gmail.com	0432 236 798	
Water Captain	Rebecca Binns	beckbinns@gmail.com	0401 023 879	
Beach Captain	David Smith	davidatj42b@outlook.com	0411 758 173	
Team Manager	Jacqui Eaton	jacqui physio@live.com.au	0404 606 435	
Carnival Entries	Sam Proust	enter@shellybeachsurfclub.com.au	0405 625 405	
Club Champs Points	Taegen Le Brocq	inr-registrar_sbslsc@outlook.com	0434 535 001	
Surf Education Coordinator				
Uniform Officer	Jessica Farrugia	shellybeachuniform@icloud.com		
Child Protection Officer	Kim Burns	kimmy555@gmail.com	0414 965 556	
March Past Coordinator				
Presentation Coordinator	Scott Eaton Carly Hudson	jac@shellybeachsurfclub.com.au carlyneate@amail.com	0421 814 067 0432 236 798	
Social Secretary	Carry Frousierr	<u>carryrroaro e grirani.com</u>	0 102 200 7 7 0	
Water Confidence Officer	Rodney Hulls	rodpsf@optusnet.com.au	0400 2// 1/5	
Rookie Coordinator	Scott Richold	Todpsi@opiosner.com.do	0422 366 165	
Under 6's Age Managers	Lauren Smith Ashley Wright Aida McDougall	Laurensmith101@hotmail.com	0468 588 983	
Under 7's Age Managers	Siera Vuradin Aaliya Diviney			
Under 8's Age Managers	Kayne Finnelley Charlotte Long	kfinnelley@gmail.com	0474 252 376	
Under 9's Age Managers	Georgia Ray Tahlia Goy	Georgiaray821@gmail.com	0402 332 313	
Under 10's Age Managers	Keaton Watts Kianna Goy Abbie Burns	Keaton.infinity@gmail.com	0414 823 163	
Under 11's Age Managers	Carly Hudson			
Under 12's Age Managers	Kim Burns Jeremy Aoun	kimmy555@gmail.com Aussieplumbing1@gmail.com	0414 965 556 0421 694 088	
Under 13's Age Managers	Lauren Hirst Harry Kingsley Mikaela Williams-Potts	logs24@hotmail.com	0450 909 274	
Under 14's Age Managers	Sarah Long			
Coaches	Keaton Watts			
	Jacqui Eaton			
	Georgia Ray			

Kayne Finnelley	
David Smith	
Tahlia Goy	